



# NEW BEGINNINGS

LONG GULLY Community Newsletter of Hope & Encouragement

## Join us for pancakes



Tomorrow is Pancake Tuesday and we'll be serving pancakes at Chatty Café from 10am, see page 3.



# Largest Cake Ever

By Kerry

It was my birthday recently and my 3 adult children decided it would be fun to work together and make an extra-special birthday cake to celebrate. We're going to a steam train rally in April this year so they thought the theme could be Trains for 2024.

My son William negotiated with his older sister, Kat, to make the engine (to scale!). He made a number of chocolate cakes and vanilla slab cakes to craft the engine. It alone used: 48 eggs, 16 cups of flour, 3 cups of custard powder, 1 cup of cocoa powder, 1.2kg butter and 1 litre of milk. Not to mention the blocks of Caramilk chocolate (moulded for the large train wheels), small Wagon Wheels (for the smaller train wheels), jam biscuits, mini jam sponge rolls, lolly snakes and chocolate royal biscuits for decorations. The tender was filled with chocolate chips.

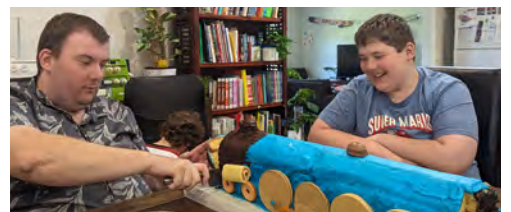
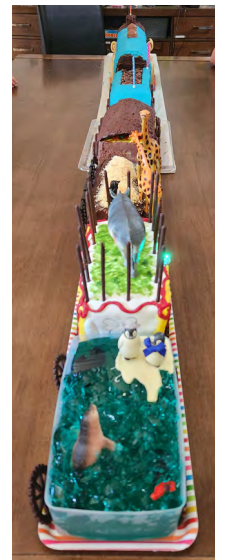
One of my grandsons, Dom, used fruit cake to make a feed carriage complete with mini (Lolly) fruits and small Wagon Wheels for train wheels.

My daughter Sarah made a delicious black forest sponge roll, coated in chocolate ganache and sprinkled with yellow coloured coconut (for straw). Her husband Phil made a lego base with wheels so their carriage could actually travel!

My eldest daughter Kat made an amazing mud cake in rainbow colours and decorated it with chocolate moulded wheels as well as using edible textas to write on the sides. She also made jelly with melted chocolate (for the iceberg) for the penguins in their carriage.

It was certainly a magnificent cake which we all enjoyed. We ended up with 3 generations making lamingtons from the engine cake (so it wouldn't be wasted). 150 lamingtons were then distributed to all 4 families (and a few came to LGNC for morning tea!).

If you have a story to share about cake.. Email us at: [newsletter@lgnc.org.au](mailto:newsletter@lgnc.org.au) for possible inclusion in a future Newsletter.



## Contributions & Newsletter Publishing Schedule

The next Newsletter will be Issue 102 to be published on 26th February, 2024.

Please send your contributions by 19th February 2024 to email: [newsletter@lgnc.org.au](mailto:newsletter@lgnc.org.au)

# Join Us for Pancakes

By Kerry

There's never a dull moment at LGNC - Volunteers Lea-Anne and Flora got together with our Community Development Worker Myra to prepare for Pancake Tuesday which is tomorrow (13th February). We are planning to serve pancakes at Chatty Café from 10am.

If you look closely at Myra's hair you'll see there was a bit of frivolity happening with flour. It'll be a great morning, why not invite a friend to come with you.



# The Rainbow Shoelace Project

By Abbie and Myra

The Rainbow Shoelace Project is the brainchild of 12-year-old Abbie Jane who, with her friend Max Dawnn started giving out Rainbow Shoelace beads in their hometown of Broken Hill.

The idea came to Abbie when she was worried about wearing Pride flag-coloured beads on her converse to high school, as she was worried that she would be bullied. Abbie felt scared and alone. Abbie realised that other queer kids might

be feeling the same way and decided that it would be great for a queer kid to feel that they are supported by seeing their peers wearing Pride flag-coloured beads.

The aim of the project is to show support to the LGBTIQ+ community by wearing Pride coloured beads on your shoelaces. Members of the LGBTIQ+ community and their allies are encouraged to join this project by wearing the beads. Request your free pride coloured shoelace beads and show support for the LGBTIQ+ community.

**Request Your Free Beads** <https://bit.ly/3OzQmTT>



# Road Safety

By Kerry and Myra



We are so grateful for Eaglehawk UFS Dispensary giving us a cheque for \$2000 as part of their Community Sponsorship program. The funds have enabled us to purchase some amazing bikes and trikes to be used by our Playgroup families (and other children who visit LGNC).

We are continuing to work with City of Greater Bendigo Council staff on the plans for refurbishing our backyard to include a small bike path (with road signs) for the children to learn some basic road safety principles.

LGNC has also been successful in obtaining a Community Road Safety Grant from VicRoads which is enabling us to partner with Free Wheeling Fun who will be holding to Bike Repair Workshops after school (4pm-5.30pm) on Thursdays 7th & 14th March. Numbers are limited so for any children/youth wanting to come along - please register by phoning 5442 1165 or email [community@lgn.org.au](mailto:community@lgn.org.au)

On Saturday, 16th March Bike Bendigo will be providing a Bike Education Session for tweens and teens from 10am-1pm - bookings are essential and can be made at: <https://bit.ly/3OzSLhj>

A community bbq (open to everyone) will be at the Long Gully BMX Track from 12.30pm. Keep an eye on our Facebook page for updates.

# Kids Drawing Competition

By Pam, EUFS

I wanted to inform you about an exciting drawing competition that Eaglehawk UFS Dispensary is hosting in-store until March 20th. The competition is open to all ages, and it would be a fantastic opportunity for your playgroup to showcase their artistic talents.

## Theme: Mulga Bill's Adventures

We have chosen the theme of Mulga Bill and his adventures for this drawing competition. Participants are encouraged to depict various scenes from Mulga Bill's escapades, allowing their creativity to shine.

**Prizes:** Exciting prizes are up for grabs, making this competition a fun activity and a chance for participants to be rewarded for their artistic efforts.

**FREE BIKE EDUCATION SESSION FOR TWEENS AND TEENS**

DATE: Saturday 16 March  
TIME: Bike Ed Session 10am-1

AT THE Long Gully BMX Track  
51 Derwent Drive, Long Gully

Bike Bendigo will be visiting the Long Gully BMX Track to provide Tweens and Teens (ages 10+) a Bike Education session in 2024!  
-Meet and greet  
-Off-road riding safety information session  
-How to ride safely on the roads education and then practical education session.

Community BBQ, Bike equipment demo, Music, Giveaways  
12:30pm-1:30pm

Numbers are limited and registrations are required. Please click here for the link <https://bit.ly/3OzSLhj>

ALL AGES

**Drawing Competition For Kids**

Let's be creative and draw a picture of Mulga Bill and his adventures

Competition closes 20th March

<b>1st Prize</b> \$75 Toyworld Voucher	<b>2nd Prize</b> 2x Bendigo Cinema & Snack Vouchers	<b>3rd Prize</b> EUFS Gift Pack
---	--	------------------------------------

Its free to enter, drop your picture to us, in store  
Pop your name, address, phone number on the back of the picture.



# Chatty Café

By Myra



It was great to kick off Chatty Café for the year with an interesting, and timely, discussion on apps and websites we can use to help us before, during and after emergencies. Darren came to deliver a 'Get Techy, Get Ready Session' showing us apps that were new to us (i.e. Emergency Plus) as well as showing us different features about apps we may not know about.

Darren also showed us a website that gives your home a rating in terms of its resilience <https://bit.ly/42qrW53>.

We have a few more emergency brochures left over, inside LGNC foyer.

We also had Bec from Eaglehawk UFS join us again to provide a very informative session on medication awareness and interactions. Bec was also available for questions and personal consultations. We're so appreciative of these speakers coming and providing such important information for our community.

We also recently celebrated the birthdays of volunteers- Laura and Trish- and our LGNC coordinator Kerry. Chatty Café is on every Tuesday from 10am.



# Your Tech Help Sessions Back

By Trevor

It was good to have our first computer help session for 2024 on Wednesday 31st Jan, after what seemed to be a rather long, but busy break.

We are back into working through how to keep our technology secure and utilising it to our advantage with minimal issues.

This year we are partnering with Be Connected and Bendigo Bank to help Bendigo Bank clients with their technology. We're not entirely sure how this will work as yet, but our Your Tech Help sessions will be the starting point to assisting them with their needs.

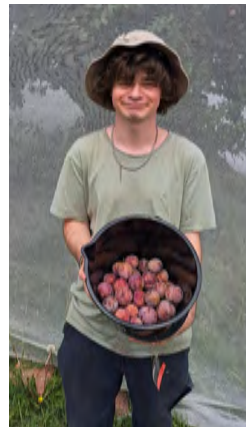
So, if your computer is failing to compute, your phone is annoying you with unwanted beeps, notifications or just no phoning, your photos have outgrown the place you are storing them or any other tech hiccups, our Wednesday morning sessions could provide some answers for you.

We look forward to seeing you there for a chat about all the technological bugs in your life. Will we fix everything? Hopefully, but the coffee is good, and we have a good time working on your technology issues.

Your Tech Help is on every Wednesday at 10am. 54 421 165

# Community Garden News

By Jonathan Ridnell



Let's start with a couple of "save the dates" for some fun activities at the Community Garden:

Firstly, on February 26th at ten thirty, we're holding a "come and try" day for anyone thinking about volunteering at the Garden. We'll have a coffee van, a few hands-on activities, and give you a chance to meet a some other volunteers and learn about what we do each week. Our community garden couldn't work without the enthusiasm of our volunteers, who come along to do some work, have a chat, and teach each other about different gardening skills and techniques. Find out more details on the Neighbourhood Centre Facebook page.

Secondly, our autumn Seedling Swap and Share is being held on Saturday, March 2nd at ten thirty. If you've been growing some seedlings, or saving some seeds for your garden, and have a surplus you'd like to share or swap, bring them along. And if you are looking for some inspiration about what to put in the winter veggie patch, drop in, we'll have plants for you to take home too. We're really pleased that Bendigo Seed Savers will be there with some locally grown and saved seeds. While we love seeing plants finding new homes, we also love to hear all the great gardening stories and advice being shared too - it's a very social occasion.

We hope you've been seeing the produce grown by our volunteers this summer. They've been busy growing produce for the Neighbourhood Centre Mini Pantry, and an array of everything from beetroot to tomatoes, and plums to zucchinis have been available. It's also been great seeing members of the community coming to our "pick your own" events at the garden, where families have come along and picked many kilograms of fruit, as well as some veggies from our garden beds. Keep an eye out for more of these events. Our favourite visitor was a teenager who came with headphones and a book because gardening looked boring - and didn't use either item because they had so much fun exploring the garden and picking produce. Maybe that could be you or someone you know.

# Giggle & Sing

By Kat



Our first Giggle & Sing took place on Monday, 5th February and, in usual fashion, it was a time of laughter, vocal warmups and singing (with actions). Our next session is on Monday, 4th March 5-6pm at LGNC. We are working on a couple of items for the 40th anniversary dinner on 14th June, 2024. Everyone welcome.



# Time to Explore **Berrie SA** Part 5 of 9

By Carol

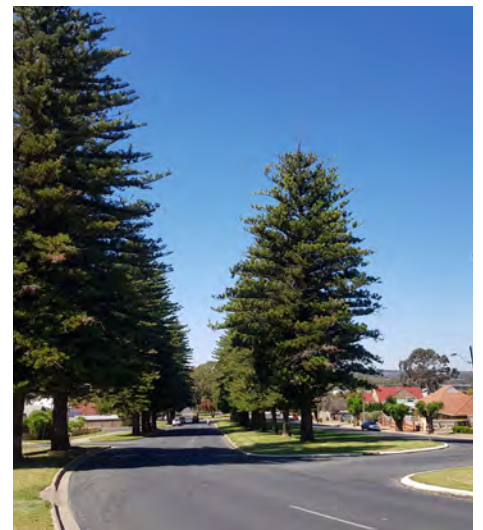
Berrie is 20 kms from Loxton, still on the Murrumbidgee River. Like Loxton the streets are lovely and wide and in the main area they have grassed garden areas with seating and information signage dividing both sides of the road. There is also middle of the road car parking. I just can't get over the width of the roads.

It's a lovely town, there are lots of shops- both big and small - anything that you need could be purchased here. Just out of Berrie, the main road has grape vines and orange orchards on both sides of the road. There are large wineries and fruit stalls along the road also.

We also went to Lock 4 where the boats move up and down the river. It was funny seeing all these birds sitting on the floats.

There is a lovely area along the river front, with Cafes and seating where you can watch people water skiing.

The Berrie Riverside caravan park is owned by the Berrie War Memorial Community Centre, it's very large with lots of several types of accommodation and is pet friendly.



**FORMULA 1**  
**ROLEX**  
**AUSTRALIAN**  
**GRAND PRIX**  
**2024**

**21 - 24 MARCH**



**LIVE FAST**

**TICKETS SELLING FAST**  
[GRANDPRIX.COM.AU](https://www.grandprix.com.au)



# Community Lunch

By Myra



Community lunches have kicked off again for the year. To allow for other programs, Community lunch is now on at 12:45pm Wednesdays.

Thank you to everyone that makes this happen, our amazing volunteers, foodshare, and everyone coming to enjoy a community meal together.

If you're coming as part of a group (3 or more), or have certain requirements, please call us so we can try to accommodate. 54 421 165

On Wednesday March 13th, the LGNC Community Lunch will be taken over by a multicultural lunch. With thanks to Healthy Loddon Campaspe, Regional Victorians of Colour and Foodshare we'll be coming together for a delicious meal. 12:30pm Wednesday March 13.

Call LGNC on 54 421 165 for more information, and or to register.

Advertisement

## Save with solar. It's that simple.

Apply for a \$1,400 rebate to switch to solar, and an \$8,800 interest-free loan to install a solar battery.

Start saving with solar!



Solar  
Victoria



Eligibility criteria apply.



Learn more:  
[solar.vic.gov.au/apply](https://solar.vic.gov.au/apply)



Authorised by the Victorian Government, 1 Treasury Place, Melbourne.



International  
Women's Day

Count Her In

## Invest in Women Accelerate Progress

CWA Bendigo Northern Group  
Invites you to share International Women's Day

With Guest Speakers from

**Women's Health Loddon Mallee And Wire**  
(Women's Support and Information)

**Topic: 'Managing Personal Crisis'**

**6th March | 1:30pm | \$15**

Bendigo Regional Tennis Centre  
Nolan Street Bendigo.

To RSVP for catering, message or ring 0418 357 304  
Or email [cwagroupbendigo@gmail.com](mailto:cwagroupbendigo@gmail.com) by 16 February

# CWA Bendigo Northern Group

By Bev

We would like to invite more ladies to join us in helping to improve conditions for women and children, lobby for change etc. We need all types of people as it is more than cookery and craft - we have great projects and roles for contributions by all.

The Branches have a busy 2 weeks at the beginning of March. Please come and say 'hello' if you see the ladies out and about.

Sun 3rd March Mandurang Growers' Market. Wed 6th March @ 1:30pm- International Women's Day event at Tennis Centre. This Event is open to everyone.

Sun Mar 17 - Bendigo Sustainability Festival For more information or enquiries see CWABendigonortherngroup on Facebook or contact Group President Lyn on 0411 603 320 for updates about Meetings and Functions.

# Fair Access Survey

By Lara

The City of Greater Bendigo are exploring ways to improve sport and active recreation for everyone. You can help to shape future changes through the Fair Access survey - sharing what you like, what you don't like, and what could be better about sport and active recreation. This project will result in a new council policy and action plan, to increase sport and active recreation opportunities for everyone.

It is difficult for some people to participate in sport and active recreation. Fair, inclusive and safe opportunities can mean different things to different people. This project is about considering the needs of women, girls and gender diverse people, in addition to men and boys. It will also consider other factors that may affect a person participating in sport and active recreation (e.g. age, cultural background, ability, sexual orientation).

This project is seeking input from everyone including past and present participants (such as: players, volunteers and officials), and those that would like to get involved in the future. To find out more or to complete the survey, visit <https://bit.ly/42qs1pj>.



## Help us explore ways to improve sport and active recreation for everyone

We want you to share your experiences with sport and active recreation - what you like, what you don't like, and what could be better.

SCAN HERE



# The Upside of Ageing

By Live Up



LiveUp is powered by a not for profit and funded by the Australian Government Department of Health and Aged Care. Liveup is supporting Neighbourhood Houses and Community Centres to build strong, resilient local communities.

LiveUP has been codesigned with older people and health care experts to provide impartial, relevant healthy ageing information. By taking the free, confidential quiz people can find local exercise classes, social activities and suggested assistive products that could help them stay active and independent.

Email: [communities@liveup.org.au](mailto:communities@liveup.org.au) for more information

Have you subscribed to our New Beginnings Newsletter?  
Call 5442 1165 or visit <http://bit.ly/lgncsub>

## Beginners' Spanish.

### Español para principiantes.

**FEBRUARY 6TH, 13TH & 20TH**  
**MARCH 12TH, 19TH, 26TH**  
11:30AM - 12:30PM

Bookings essential

52-54 DERWENT DRIVE, LONG GULLY.

54421165

Long Gully Neighbourhood Centre  
[WWW.LGNC.ORG.AU](http://WWW.LGNC.ORG.AU)



# Tried and True Recipes

## Mango and Avocado Salad

By No Money, No Time\*



### INGREDIENTS

- 1 mango, sliced into thin strips
- ½ avocado, sliced
- ¼ red onion, thinly sliced
- 70g (2 cups) mixed lettuce leaves
- 1 cucumber, thinly sliced
- 1 handful mint, roughly chopped

### Dressing

- 1tsp sesame oil
- 1tsp soy sauce (reduced salt)
- 2tsp lime juice
- ½ large red chilli, thinly sliced

### METHOD

1. In a large salad bowl combine mango, avocado, red onion, mixed lettuce leaves, cucumber and mint
2. To make the dressing combine sesame oil, soy sauce, lime juice and chilli in a small bowl
3. Pour dressing over salad, stir and it's ready to serve

### Tweaks

4. Remove chilli seeds for less heat or leave chilli out altogether if it's not your thing

\*<https://bit.ly/3SwcyQ9>

## Banana and Oat Cookies

By Myra



### INGREDIENTS

- 1 medium sized ripe banana
- 100g (1 cup) rolled oats
- 2tbsp honey
- 1tbsp coconut or olive oil
- 50g optional extras\*

### METHOD

1. Preheat your oven to 170C/325F (fan)
2. Place the banana in a medium-sized bowl and mash it with a fork. Add the oats, honey and coconut oil and give everything a good stir until combined. Leave to rest on the countertop for 10 minutes, so oats can absorb the moisture from the other ingredients
3. 1 medium sized ripe banana, 100 g (1 cup) rolled oats, 2 tbsp honey, 1 tbsp coconut oil
4. After 10 minutes, add in the chocolate chips (reserve a few to sprinkle on once the cookies are cooked) and the salt. Stir to combine
5. \*50g (½ cup) chocolate chips (or cranberries, dried fruit, nuts, etc) , pinch salt
6. Take a tbsp. of the mixture in your hand, roll into a ball and then squash to flatten into a thick disk (approx. 1cm thick). Place on a baking tray, repeat until all mixture is used up
7. Place in the oven and cook for 15 minutes
8. Take out of the oven, sprinkle with the reserved chocolate chips and leave to cool

# Word Find **Animals**

X C B L C J H Q D I Q M H B H Q M K A V  
O E N A G C I X I E O Y F S W M G I B Q  
K K J E M T R M J N F Z I T Z H H U L P  
E Y K S Z F E B K Z Q F H S G S L O T H  
D B G V G A J E D E O P A I B B B I P V  
V S L S X X Y U W W E K R R Y U C M C Q  
Z F A P E L I C A N N B E E I B H F S E  
L P F I U X E Y A O W L O F E G E W V J  
U O R R R E G I T D T U B A L D E S W M  
X M E E R K A T B R I G N X Z E T H G F  
W L Z D N W O E U P G R V Z D L A U R F  
S P K X R B A T S D H B K W O L H N U F  
V K O V Z R O Y Q E W M H F E U S B P T  
Z A U O E V H F Z L S J W X E R Y S K F  
Z K Y V J O A G M E T I D L F H Y T K A  
L H Q L I O N F S P B K E P O I U M E Z  
H Q R Z A D N A P H E R V T P N J R R U  
K W O N C T Q P F A R A A M P O R Z X D  
L F W L I Z S M O N X H V N I C F C Y Y  
R L K R B H K K T T T S X T H W Q H J C

**Bear**  
**Elephant**  
**Hippo**  
**Monkey**  
**Rhino**  
**Sloth**  
**Whale**  
**Cheetah**  
**Fish**  
**Lion**  
**Panda**  
**Seal**  
**Tiger**  
**Zebra**  
**Deer**  
**Giraffe**  
**Meerkat**  
**Pelican**  
**Shark**  
**Turtle**

## Trivia Quiz

Answers next page

1. What is the collective name for a group of lions

2. September 22nd is National what appreciation day

3. With which organ does a snake hear

4. Which creature lives on mulberry leaves

5. What is the largest species of monkey in the world

6. Native only to Madagascar, what animal is an indri

7. What is the largest member of the bear family

8. A convocation is a group of what

9. Who or what lives in a formicarium

10. What do we call a squirrel's home



Long Gully  
Neighbourhood Centre

## What's On

subject to change - Bookings essential  
Please check what's on by phoning 5442 1165

**Mondays**

9am LGNC Playgroup

**Tuesdays**

10 - 12 Chatty Café  
9:30am Walking Group

**Wednesdays**

12:45pm Community Lunch  
10:30am PopUp Growers Market  
10am Your Tech Help

**Thursdays**

10am - 12noon  
Multicultural Playgroup

**Fridays**

9:30am  
SmallTalk Playgroup

### February

13th	10am Chatty Café (Pancakes) Beginner's Spanish 11:30am
16th	10am Creative Cards
19th	11am Katz Cardz New Beginnings Newsletter Deadline
20th	Beginner's Spanish 11:30am
26th	New Beginnings Newsletter Published
27th	HLC Multicultural Cooking Class 11:00am

### March

1st	Creative Cards 10:00am
-----	------------------------

**Open: Monday-Thursday 9am-3pm, Friday 9am-12pm**  
Please phone 5442 1165 to book your place in any activities.



Long Gully  
Neighbourhood Centre

The Long Gully Neighbourhood Centre (LGNC) is a non-profit organisation governed by a voluntary Committee of Governance comprising mostly of community members, and managed on a day to day basis by a Centre Coordinator. The Centre commenced operations in 1984. LGNC's active engagement is modelled on the principles of community development through community participation, community ownership, empowerment, lifelong learning, inclusion, access and equity, social action, advocacy, networking and self-help.

The Centre is situated at 52-54 Derwent Drive, Long Gully (in Bendigo, Victoria). We are open Monday-Thursday 9am-3pm subject to COVID-19 restrictions. We can be contacted by Phone: 03-5442 1165 or Email: [newsletter@lgnc.org.au](mailto:newsletter@lgnc.org.au) "Like" our Facebook page to stay up-to-date [facebook.com/lgncorg](https://facebook.com/lgncorg)

**Disclaimer** This publication is grateful for the contributions of community members and organisations for its content. While we are proud to support news for the people by the people, responsibility for the content remains with the author to ensure accurate dates, time, prices and content. The New Beginnings editorial team reserves the right to edit content for spelling, grammar and article length. Items submitted for publication are published on this premise. This disclaimer informs readers that the views, thoughts, and opinions expressed in these articles are those of the authors and do not necessarily reflect the official policy or position of Long Gully Neighbourhood Centre.



## Trivia Answers

- |               |            |
|---------------|------------|
| 1. A pride    | 6. Lemur   |
| 2. Elephants  | 7. Kodiak  |
| 3. Tongue     | 8. Eagles  |
| 4. Silk worms | 9. Ants    |
| 5. Mandrill   | 10. A drey |



# Adult Mental Health and Wellbeing Service

## Bendigo Community Forum



Mind Australia, Bendigo Health, The Salvation Army, Bendigo & District Aboriginal Co-operative and Thorne Harbour Health invite you to talk about the Bendigo Adult and Older Adult Mental Health and Wellbeing Local Service. This new local service is for people aged 26 and above who need more support than what their local doctor can provide, but don't need to go to hospital. Your insights will help us make sure the Service meets the needs of those who experience mental ill-health and/or substance use challenges in your community.

Morning tea and lunch will be provided. Please let us know if you have any dietary requirements.

### Monday 19 February 2024

Time: 10am – 1pm

Where: The Salvation Army Worship Centre  
65-71 Mundy Street  
Bendigo VIC 3552

### RSVP: 12 February 2024

Contact Melissa Asta on 0487 737 819 or email  
[melissa.asta@mindaustralia.org.au](mailto:melissa.asta@mindaustralia.org.au)





**COOKING 101:**

# Aussie and Karen style cooking sessions

Tuesday February 27, Tuesday March 5  
and Wednesday March 13



*Join us for a community lunch!*

**Celebrate a multicultural lunch at  
Long Gully Neighbourhood Centre**  
Wednesday March 13 \* 12.30pm

Contact LGNC for details and registrations on 5442 1165



REGIONAL  
VICTORIANS  
OF COLOUR



Long Gully  
Neighbourhood Centre





# Long Gully Neighbourhood Centre

*Sowing seeds of hope in our community*

## Term 1 Activity Guide

### Social & Community Connect

#### Chatty Café

**10am Tuesdays commencing 30th January**

Come and enjoy a cuppa and a chat. Bring along your knitting/crochet/craft if you'd like to or just come and meet new people, discuss a variety of topics and learn new things!

#### Long Gully Community Garden

Mon & Thu mornings. Enjoy the great outdoors, help in the garden or simply come for a chat. Garden beds available for hire.

#### Community Lunches

**12:30pm Wednesdays commencing 31st January, Free**

Come and enjoy a delicious lunch and great company.

### Health & Wellbeing

#### Giggle and Sing

**Monday 5pm Monthly, Free**

5th February, 4th March. Community singing at it's best!

#### Walking Group

**9:30am Tuesdays commencing 30th January, Free**

Enjoy a Walk along the Long Gully Trail with an enthusiastic group of walkers (all levels)

#### PopUp Produce Market

**10:30am Wednesdays**

Bendigo Foodshare invites you to come and purchase fresh, locally grown produce.

### LGNC Assist

#### Your Tech Help

**10-12noon Wednesdays, commencing 31st January**

Computer and phone troubleshooting with Trevor

#### Justice of the Peace

**10am Tuesdays and by appointment**

Statutory Declarations, Affidavits and other documents witnessed, certifying documents

#### Beginner's Spanish

**11:30am-12:30pm Tuesday, 6th February**

Come and learn conversational Spanish.



### Everyday Services

#### Mini Food & Toiletry Pantry

Limited non-perishable food items, toiletries and some garden produce available.

#### Printing & Photocopying

Photocopying, scanning & laminating available

#### Room for Hire

Room/s for hire for meetings or classes.

#### DVDS/CDs/Book Libraries

Borrow, exchange or keep dvds, cds or books from our libraries stocked by generous community members. Donations accepted.

#### Long Gully Community Plan

Regular meetings at LGNC for Long Gully Community Plan Working Group. New members & interested people welcome.

#### Information & Referral

If you would like to find out more about local services or programs, feel free to contact us. Everyday services

#### LGNC Website

[www.lgnc.org.au](http://www.lgnc.org.au) Keep up-to-date with services offered.

#### New Beginnings Newsletter

Published Monday fortnightly - contributions can be emailed to [newsletter@lgnc.org.au](mailto:newsletter@lgnc.org.au) Paid advertising available. Can be downloaded from [www.lgnc.org.au/newsletter](http://www.lgnc.org.au/newsletter)

#### LGNC Facebook

Check out and "like" our Facebook page to read news and stay informed of upcoming events. [facebook.com/lgncorg](https://facebook.com/lgncorg)

## Save the Date

Long Gully Neighbourhood Centre

**40th Anniversary Dinner**

**6:30pm Friday, 14th June**

Chasers Function Centre, Junortoun

### Be Creative

#### Creative Cards

**10-12pm Friday fortnightly commencing 16th Feb \$10** Led by Deb Wylie. Cost is \$10 for 2 cards - all materials supplied, come and learn new skills in a friendly group environment. Phone to join waiting list

#### Katz Cardz

**11am-1pm Monday fortnightly 5th February, \$15**

Learn the finer art of cardmaking with step-by-step instructions. Cost \$15 for 2 cards, all materials supplied.

### Children's Activities

#### LGNC Playgroup

**9am Mondays commencing 5th February**

Come along and enjoy singing, music, games, stories & more.

#### LCMS Multicultural Playgroup

**10am Thursdays commencing 1st February**

#### BCHS Smalltalk Playgroup

**9:30am Fridays commencing 2nd February**

### Special Events

#### Bike Repair Workshops

**4-5:30pm Thursdays 7th & 14th March**

BMX Track activation event Saturday, 16th March 10am-1pm, Long Gully BMX Track

#### Multicultural Cooking Classes

**11am-2pm Tuesdays 27th February & 5th March**

Wednesday, 13th March 10am-1.30pm (Cultural Diversity Week Celebration - Community Lunch at 12.30pm)



stay updated  
[facebook.com/lgncorg](https://facebook.com/lgncorg)

= Bookings Essential